# Example: Adult Faith Growth Pathways Guide

Use this example to develop an adult pathway guide that is formatted like a survey. Customize this for your purposes: add your own text, determine a rating scale, and write or revise your faith maturing characteristics. You can use the ten faith maturing goals as a guide.

### Introductory Text

We believe that growth in our relationship with God and in following Jesus is a lifelong process. We are constantly trying to grow deeper in our relationship with God and in living the Christian way of life each day. Our church is committed to helping you grow wherever you may be in your faith journey. We are committed to helping you live the Christian way of life every day.

To help you discover areas for growth and to help us serve you better, please take a few minutes to complete the following statements about your faith life. It will help you identify strengths and areas of growth in your own life. Use these statements to assess where you are honestly and prayerfully.

### Rating Scale

1 = I’m a beginner in this aspect of my faith.

2 = I’m growing in this aspect of my faith.

3 = I’m maturing and going deeper in this aspect of my faith.

4 = I’m sharing my faith and gifts with others.

|  |  |
| --- | --- |
| 1. I am growing in a personal relationship with Jesus Christ.
 | 1 2 3 4  |
| 1. My faith shapes how I think and act each and every day.
 | 1 2 3 4  |
| 1. I make the Christian faith a way of life by integrating my beliefs into the conversation, decisions, and actions of daily life.
 | 1 2 3 4  |
| 1. I am aware of God present and active in my own life, the lives of others, and the life of the world.
 | 1 2 3 4  |
| 1. I have a real sense that God is guiding me.
 | 1 2 3 4 |
| 1. I seek spiritual growth by actively pursuing questions of faith, learning what it means to believe in God, and what it’s like to be a disciple of Jesus Christ.
 | 1 2 3 4 |
| 1. I devote time to reading and studying the Bible.
 | 1 2 3 4 |
| 1. I use the Bible to discover how I should think and act.
 | 1 2 3 4 |
| 1. I pray to God and take quiet time to reflect and listen to God.
 | 1 2 3 4 |
| 1. I am growing spiritually through spiritual practices such as daily prayer, contemplation, praying with Scripture, and meditation.
 | 1 2 3 4 |
| 1. I can articulate the fundamental teachings of the Christian faith.
 | 1 2 3 4 |
| 1. I am growing in my understanding of the Christian faith—beliefs, traditions, and practices.
 | 1 2 3 4 |
| 1. I exercise moral responsibility by applying Christian ethics, virtues, and values to making moral decisions.
 | 1 2 3 4 |
| 1. My faith helps me know right from wrong.
 | 1 2 3 4 |
| 1. I live a life of service by caring for others and reaching out those in need.
 | 1 2 3 4 |
| 1. I am involved in ways to promote social justice and address injustice in the world.
 | 1 2 3 4 |
| 1. I am involved in actions to care for creation.
 | 1 2 3 4 |
| 1. I share the Good News of Jesus through my words and actions.
 | 1 2 3 4 |
| 1. I participate actively and regularly in the worship life of the church community.
 | 1 2 3 4 |
| 1. I participate in the life, ministries, and leadership of the church community.
 | 1 2 3 4  |

Areas Where I Need to “Get Started”

Areas Where I Need to “Grow”

Areas Where I Want to “Go Deeper”

Areas Where I’m Ready to Share my Faith and Gifts

# Example: Family Pathway Guide

Use this example to develop a family pathway guide that explores family faith practices. Customize this for your purposes: add your own text, determine a rating scale, and write or revise your faith maturing characteristics. You can use the ten faith maturing goals as a guide.

### Introductory Text

We believe God dwells in every family and that family life is sacred. The profound and the ordinary moments of daily life—mealtimes, workdays, vacations, expressions of love and intimacy, household chores, caring for a sick child or elderly parent, and even conflicts over things like how to celebrate holidays, discipline children, or spend money—all are the threads from which families can discover God and weave a pattern of family faith.

To help you discover areas for growth and to help us serve you better, please take a few minutes to complete the following statements about your family’s faith life. It will help you identify strengths and areas of growth. Use these statements to assess where you are honestly and prayerfully.

### Rating Scale

1 = We are a beginner in this aspect of our family life.

2 = We’re growing in this aspect of our family life.

3 = We’re maturing and going deeper in this aspect of my faith or parenting ability.

4 = We’re sharing our faith and gifts with others.

|  |  |
| --- | --- |
| 1. We eat together as a family.
 | 1 2 3 4 |
| 1. We engage in positive communication as a family.
 | 1 2 3 4 |
| 1. We have family conversations about things that are important to us.
 | 1 2 3 4 |
| 1. We make decisions and solve problems as a family.
 | 1 2 3 4 |
| 1. We treat each other with respect and dignity.
 | 1 2 3 4 |
| 1. We support each other: encouraging, expressing care, standing up for each other.
 | 1 2 3 4 |
| 1. We talk about faith as a family.
 | 1 2 3 4 |
| 1. We pray as a family (mealtime, bedtime).
 | 1 2 3 4 |
| 1. We pray as a family during times of struggle or crisis.
 | 1 2 3 4 |
| 1. We celebrate meaningful traditions and rituals as a family (holidays, birthdays, accomplishments).
 | 1 2 3 4 |
| 1. We read the Bible as a family.
 | 1 2 3 4 |
| 1. We use the Bible as guidance for how we should think and act as a family.
 | 1 2 3 4 |
| 1. We serve people in need as a family.
 | 1 2 3 4 |
| 1. We work to overcome injustice in our world as a family.
 | 1 2 3 4 |
| 1. We engage in projects to care for the environment as a family.
 | 1 2 3 4 |
| 1. We encourage children/teens to talk about their doubts and questions about faith.
 | 1 2 3 4 |
| 1. We talk about faith and our religious tradition with our children and teens.
 | 1 2 3 4 |
| 1. We ask about our children/teens perspectives on faith, religion, moral issues, and social issues.
 | 1 2 3 4 |
| 1. We participate in Sunday worship as a family
 | 1 2 3 4 |
| 1. We participate in church activities as a family
 | 1 2 3 4 |
| 1. We celebrate the church year seasons at church (Advent, Christmas, Lent, Easter)
 | 1 2 3 4 |
| 1. We celebrate the seasons of the church year at home (Advent, Christmas, Lent, Easter)
 | 1 2 3 4 |
| 1. We encourage and support our children/teens to participate in church activities.
 | 1 2 3 4 |

Areas Where We Need to “Get Started” as a Family

Areas Where We Need to “Grow” as a Family

Areas Where We Want to “Go Deeper” as a Family

Areas Where We’re Ready to Share our Faith and Gifts as a Family

# Example: Parent Pathway Guide

Use this example to develop a parent pathway guide that explores faith growth and parenting practices. Customize this for your purposes: add your own text, determine a rating scale, and write or revise your faith maturing characteristics. You can use the ten faith maturing goals as a guide.

### Introductory Text

We believe that parents are the most important religious influence on their children, and it is our responsibility as a church to support and encourage you. We know that faith is formed when there is a substantial investment of thought, time, and intimacy by parents. Our church is here to support you as a parent in developing a strong, healthy, faith-filled family life.

To help you discover areas for growth and to help us serve you better, please take a few minutes to complete the following statements about parenting and your faith life. It will help you identify strengths and areas of growth in your own life. Use these statements to assess where you are honestly and prayerfully.

### Rating Scale

1 = I’m a beginner in this aspect of my faith or parenting ability.

2 = I’m growing in this aspect of my faith or parenting ability.

3 = I’m maturing and going deeper in this aspect of my faith or parenting ability.

4 = I’m sharing my faith and gifts with others.

|  |  |
| --- | --- |
| 1. I express care to my children/teens by listening to them, being dependable, encouraging them, and make them feel known and valued.
 | 1 2 3 4 |
| 1. I challenge my children/teens by expecting them to do their best and live up to their potential.
 | 1 2 3 4 |
| 1. I provide support for my children/teens by encouraging their efforts and achievements and guiding them to learn and grow.
 | 1 2 3 4 |
| 1. I treat my children/teens with respect, hearing their voice, and including them in decisions that affect them.
 | 1 2 3 4 |
| 1. I inspire my children/teens to see possibilities for their future, expose them to new experiences and places, and connect them to people who can help them grow.
 | 1 2 3 4 |
| 1. I demonstrate a warm and affirming parenting approach
 | 1 2 3 4 |
| 1. I create a warm, caring supportive family environment.
 | 1 2 3 4 |
| 1. I practice effective communication skills with my children/teens.
 | 1 2 3 4 |
| 1. I work with my children/teens to manage “screen time” and social media use.
 | 1 2 3 4 |
| 1. I read and study the Bible.
 | 1 2 3 4 |
| 1. I use the Bible to discover how I should think and act.
 | 1 2 3 4 |
| 1. I encourage my children/teens to read the Bible.
 | 1 2 3 4 |
| 1. I pray to God and take quiet time to reflect and listen to God.
 | 1 2 3 4 |
| 1. I encourage my children and teens to pray.
 | 1 2 3 4 |
| 1. I am engaged in service to people in need .
 | 1 2 3 4 |
| 1. I work to overcome injustice in our world.
 | 1 2 3 4 |
| 1. I am engaged in projects to care for the environment.
 | 1 2 3 4 |
| 1. I provide moral instruction and how to decide right and wrong.
 | 1 2 3 4 |
| 1. I take time to grow in my relationship with God as a parent
 | 1 2 3 4 |
| 1. I take time to grow in my understanding and practice of the Christian faith.
 | 1 2 3 4 |

Areas Where I Need to “Get Started”

Areas Where I Need to “Grow”

Areas Where I Want to “Go Deeper”

Areas Where I’m Ready to Share my Faith and Gifts

# Example: Adolescent Faith Growth Pathway

Use this example to develop an adolescent pathway guide that is formatted like a survey. Customize this for your purposes: add your own text, determine a rating scale, and write or revise your faith maturing characteristics. You can use the ten faith maturing goals as a guide.

### Introductory Text

We believe that growth in our relationship with God and in following Jesus is a lifelong process. We are constantly trying to grow deeper in our relationship with God and in living the Christian way of life each day. Our church is committed to helping you grow wherever you may be in your faith journey. We are committed to helping you live the Christian way of life every day.

To help you discover areas for growth and to help us serve you better, please take a few minutes to complete the following statements about your faith life. It will help you identify strengths and areas of growth in your own life. Use these statements to assess where you are honestly and prayerfully.

### Rating Scale

1 = I’m a beginner in this aspect of my faith.

2 = I’m growing in this aspect of my faith.

3 = I’m maturing and going deeper in this aspect of my faith.

4 = I’m sharing my faith and gifts with others.

|  |  |
| --- | --- |
| 1. I live my life and make moral decisions guided by moral values that tell me what is right or wrong behavior.
 | 1 2 3 4 |
| 1. I am optimistic, trusting, and I am convinced that I can do much to make the world a better place.
 | 1 2 3 4 |
| 1. I am involved in actions to serve those in need.
 | 1 2 3 4 |
| 1. God cares for me in a special way.
 | 1 2 3 4 |
| 1. My faith helps me know right from wrong.
 | 1 2 3 4 |
| 1. I feel God’s presence when I serve people in need.
 | 1 2 3 4 |
| 1. I feel God’s presence in prayer.
 | 1 2 3 4 |
| 1. I am keenly aware of the presence of God in my life.
 | 1 2 3 4 |
| 1. I see evidence that God is active in the world.
 | 1 2 3 4 |
| 1. I accept opportunities to learn how to speak naturally and intelligently about my faith.
 | 1 2 3 4 |
| 1. I speak out publicly against specific social injustices.
 | 1 2 3 4 |
| 1. I have a real sense that God is guiding me.
 | 1 2 3 4 |
| 1. I am a religious person.
 | 1 2 3 4 |
| 1. I feel God’s presence in my relationships with other people.
 | 1 2 3 4 |
| 1. My faith shapes how I think and act.
 | 1 2 3 4 |
| 1. My religious faith is important in my life today.
 | 1 2 3 4 |
| 1. I seek out opportunities to help me grow spiritually.
 | 1 2 3 4 |
| 1. I ask sincere and searching questions about the nature of a life of faith in God.
 | 1 2 3 4 |
| 1. I feel God’s presence when I worship (at school, at church/synagogue/mosque)
 | 1 2 3 4 |
| 1. My life is committed to Jesus Christ.
 | 1 2 3 4 |