Intergenerational Faith Formation: Theory & Practice
John Roberto
FIRST THIRD OF LIFE

Seven Faith Factors
NSYR Research

SOUL SEARCHING
The Religious and Spiritual Lives of Adolescent Children
Christian Smith with Kathleen Holland

SOULS IN TRANSITION
The Religious & Spiritual Lives of Emerging Adults
Christian Smith with Forrest Smith

Faith of Their Own
identity and Change in the Journey of American Adolescents
Lise U. Pierce and Paula Lambert-Dixon
The combination of the following factors makes an enormous difference in religious outcomes during emerging adulthood:

1. parental religion
2. prayer
3. importance of faith
4. Scripture reading
5. having support nonparent adults in the church
6. having personal religious experiences
7. lack of religious doubts

These most influential factors make differences of sizeable magnitude in substantive outcomes.

Seven Faith Factors

In these seven factors alone, we have identified some powerful teenage factors associated with and, we think, causing differences in emerging adult religious commitment and practice.

85% chance of being Highly Religious as an emerging adult if you were in the top 25% on the scales of:

1. parental religion
2. prayer
3. importance of faith
4. Scripture reading

Seven Faith Factors
Seven Faith Factors

- 75% chance of being a Highly Religious emerging adult if you were in the top 25% on scales of:
  5. having support nonparent adults in the church,
  6. having personal religious experiences
  7. lack of religious doubts

Critical Role of Family

“... teenagers with seriously religious parents are more likely that those without such parents to have been trained in their lives to think, feel, believe, and act as serious religious believers, and that that training “sticks” with them even when the leave home and enter emerging adulthood”
“Emerging adults who grew up with seriously religious parents are through socialization more likely (1) to have internalized their parents religious worldview, (2) to possess the practical religious know-how needed to live more highly religious lives, and (3) to embody the identity orientations and behavioral tendencies toward continuing to practice what they have been taught religiously.”

Critical Role of Family

“At the heart of this social causal mechanism stands the elementary process of teaching—both formal and informal, verbal and nonverbal, oral and behavioral, intentional and unconscious, through both instruction and role modeling. We believe that one of the main ways by which empirically observed strong parental religion produced strong emerging adult religion in offspring is through the teaching involved in socialization.”

(Souls in Transition: The Religious & Spiritual Lives of Emerging Adults by Christian Smith with Patricia Snell)

Critical Role of Family
Approximately 70% of youth who at some time or other before mid-emerging adulthood commit to live their lives for God, the vast majority appear to do so early in life, apparently before the age of 14.

Most make their first commitments to God as children or during the preteen or very early teen years.

Many religious trajectories followed in the course of life’s development seemed to be formed early on in life.

Critical Role of Family

What people have been in the past is generally the best indicator of why they are what they are in the present and what they will likely be in the future. That is a fact the needs to condition the understanding of emerging adult religion.

Critical Role of Family
It is the culture of the whole church that is most influential in nurturing youth of vital Christian faith.

A Faith-Forming Congregation
44 Faith Assets of Congregational Culture

1. Congregation’s Biblical Emphasis
2. Congregation Teaches Core Christian Concepts
3. Congregation’s Moral Guidance
4. Worship Services’ Positive Characteristics
5. Congregation Promotes Service
6. Congregation’s Mission Effectiveness

Faith Assets: Congregational Faith
1. Warm, Challenge Congregational Climate
2. Welcoming Atmosphere
3. Satisfied with the Congregation
4. Importance of this Church to Me
5. Congregation’s Moral Guidance
6. Congregation’s Social Interaction
7. Congregation’s Openness to Change
8. Members Experience Love and Support

**Faith Assets:**
**Congregational Qualities**

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What impact did involvement in youth ministry have on young people?

1. Deepen my relationship with Jesus
2. Understand my Christian faith better
3. Apply my faith to daily life
4. Make serious life choices (future, relationships, values)
5. Share my faith

**These congregations are serious about making disciples of Jesus Christ.**

**Faith Assets: Youth Ministry**
Common YM Practices

- Retreats
- Service & Mission Trips
- Bible Study & Religious Education
- Prayer
- Spiritual Support Groups
- Youth-Oriented Worship
- Special Events
- Peer Ministry & Youth Leadership
- Family & Intergenerational Activities
- Youth-Oriented Worship

Faith Assets: Family & Household

- Parental Faith Life & Practice
- Parental Help with Problems
- Parental Affection toward Children
- Family Harmony
Faith of the Parents...
1. My faith helps me know right from wrong
2. I have a sense of sharing in a great purpose
3. I have had feelings of being in the presence of God
4. I have a sense of being saved in Christ
5. I am spiritually moved by the beauty of God’s creation
6. God helps me decide what is right or wrong behavior

Faith Assets: Family & Household Faith

Faith of the Parents...
7. I have found a way of life that gives me direction.
8. Religious faith is important in my life.
9. My life is committed to Jesus Christ.
10. My life is filled with meaning and purpose.
11. I have a real sense that God is guiding me.

Each of the 11 items rate 7.30 or better on a 9.0 scale.

Faith Assets: Family & Household
Teens: How have your parents influenced your faith life?

1. Values are focused on serving others and God.
2. Positive influence on my religious faith
3. Talk with me about my relationship with Jesus Christ
4. Attending Sunday worship
5. Talked with my parent about religious faith
6. Reading the Bible

Faith Assets: Family & Household

- One in four teens said their family sat down together and talked about God, the Bible, and other religious things on a weekly or daily basis.
- 40% of teens said they did this once or twice a month.

Faith Assets: Family & Household
Pastors matter immensely in effective youth ministry and in very specific ways.

1. Support for Christian education and youth ministry (and involvement)
2. Leadership effectiveness
3. Communication skills
4. Interpersonal characteristics
5. Support for youth staff

Faith Assets: Congregational Leadership

6. Creates a healthy culture
7. Spiritual Influence (devout faith, exemplary life)
8. Personal characteristics
9. Good counselor
10. Mission is to make disciples
11. Preaches to make disciples

Faith Assets: Congregational Leadership
Leadership of the Youth Minister

- **Positive Characteristics & Competence**
  (devout faith and exemplary life, good counselor, effective model for others, helps youth on their spiritual journey)

- **Leadership & Effectiveness**
  (trusted and respected, recruits and trains leaders, supports leaders, good organizer, works with parents)

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**Faith Assets: Congregational Leadership**

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Adult Leaders in Youth Ministry

- **People of Faith**
  - God consciousness
  - Moral responsibility
  - Centrality of faith
  - Theological competence
  - Social responsibility

- **Relational Characteristics**
  - Positive relationship with youth
  - Positive relationship with parents

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**Faith Assets: Congregational Leadership**
1. While most U.S. churches focus on building strong youth groups, teenagers also need to build relationships with adults of all ages.

- Participation in all-church worship during high school was more consistently linked with developing a mature faith in both high school and college than any other participation variable.
- Churches and families wanting to instill deep faith in youth should help them build a web of relationships with committed and caring adults.

Sticky Faith: 3 Key Findings
2. Churches and families overestimate youth group graduates’ readiness for the struggles ahead with dire consequences for the faith.

- Only one in seven high school seniors report feeling prepared to face the challenges of college life with few ready for the intensity of the college experience: loneliness, the search for new friends, being completely on their own for the first time, and the sudden availability of partying.
- One pervasive struggle for college students is finding a new church, as evident by the 40 percent of freshman who report difficulty doing so. Young people retrospectively report that the first two weeks of their college freshman year set the trajectory for their remaining years in school.

**Sticky Faith: 3 Key Findings**

3. While teaching young people the “dos” & “don’ts” of Christian living is important, an overemphasis on behaviors can sabotage faith long-term.

- When asked what it means to be Christian, one-third of subjects as college juniors (all of whom were youth group graduates) failed to mention “Jesus” or “Christ” but rather emphasized behaviors.
- Students tend to view the gospel as a “do” and “don’t” list of behaviors instead of a faith that also transforms interior lives and beliefs. One of the dangers of reducing Christianity to this sort of external behavior is that when students fail to live up to the activities they think define Christianity, their feelings of guilt can make them quickly abandon their faith altogether.

**Sticky Faith: 3 Key Findings**
While small groups, mentoring, justice works, and a host of other youth ministry activities are important, the reality is that the challenges of kids, ministry programs, and spiritual development are far too complicated to be met with a single solution. The closest our research has come to that definitive silver bullet is this sticky finding: high school and college students who experience more intergenerational worship tend to have higher faith maturity. We found this to be true in our studies of both high school seniors AND college freshmen.

Intergenerational Relationships

- **Intergenerational Insight #1**: Involvement in all-church worship during high school is more consistently linked with mature faith in both high school and college than any other form of church participation.

- **Intergenerational Insight #2**: The more students serve and build relationships with younger children, the more likely it is that their faith will stick.

Intergenerational Insights
Intergenerational Insight #3: High school seniors don’t feel supported by adults in their congregations.

Intergenerational Insight #4: By far, the number-one way that churches made the teens in our survey feel welcomed and valued was when adults in the congregation showed interest in them.

Becoming a 5:1 Church—worship, teaching, mentoring, rituals, etc.

Intergenerational Insights

INTERGENERATIONAL FAITH FORMATION: THEORY
1. Inclusive of all ages and generations, single or married, with or without children.
2. Builds community and meaningful relationships across all the generations in a parish.
3. Provides a setting for each generation to share and learn from the other generations.

Key Features

4. Involves the whole family in learning together and equips families with the knowledge, skills, and faith-sharing activities for nurturing faith at home.
5. Provides an environment where new ways of living one’s faith can be practiced.
6. Provides adult role models for children/teens.
7. Promotes understanding of shared values and a common faith, as well as respect for individuals in all stages and ages of life.

Key Features
8. Helps to overcome the age-segregated nature of our society and church programs.
9. Enhances people’s identification with their church and integration within the community.
10. Incorporates a variety of ways to learn: prayer, community building, interactive and experiential presentations and activities, group discussion and sharing.

Key Features

Connected Faith Formation
Types of IG Faith Formation

Use intergenerational learning. . .
1. As the faith formation curriculum for the whole community
2. In Lectionary-based catechesis
3. In sacramental preparation
4. In Vacation Bible School
5. In parent-child and parent-teen programs
6. In milestone celebrations
7. In intergenerational service projects
8. In liturgical season celebrations
9. In a retreat experience or parish mission

As curriculum for parish
Potential Themes

1. Church Year & Scripture
2. Creed
3. Sacraments
4. Morality
5. Justice
6. Prayer
7. Christian Practices
8. Bible
9. Mission & Ministry

As curriculum for parish
<table>
<thead>
<tr>
<th>Advent</th>
<th>Jesus the Messiah</th>
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<tbody>
<tr>
<td>Christmas – Epiphany</td>
<td>Divinity of Jesus</td>
</tr>
<tr>
<td>Lent</td>
<td>Journey with Jesus</td>
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<tr>
<td>Good Friday</td>
<td>Death of Jesus</td>
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<tr>
<td>Easter Season</td>
<td>Resurrection</td>
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<tr>
<td>Pentecost</td>
<td>Mission of the Christian</td>
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<tr>
<td>Sunday Readings</td>
<td>Ministry of Jesus</td>
</tr>
<tr>
<td>Sunday Readings</td>
<td>Identity of Christ</td>
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</tbody>
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**Topical**

<table>
<thead>
<tr>
<th>Baptism</th>
<th>Celebrations of Baptism, Baptism of the Lord, Easter Season</th>
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</thead>
<tbody>
<tr>
<td>Confirmation</td>
<td>Celebration of Confirmation, Pentecost</td>
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<tr>
<td>Eucharist</td>
<td>Sunday, First Eucharist, Holy Thursday, Corpus Christi</td>
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<tr>
<td>Reconciliation</td>
<td>Lent, Reconciliation Services</td>
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<tr>
<td>Anointing of the Sick</td>
<td>Celebration of Sacrament, February Lectionary Readings (Cycle B)</td>
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<tr>
<td>Marriage</td>
<td>World Marriage Day, Holy Family Sunday</td>
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<tr>
<td>Orders</td>
<td>Vocations Day</td>
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**Topical**
Connecting Faith, Worship, and Life

St. Elizabeth of Hungary Parish uses a liturgy-centered, lifelong, and intergenerational approach to Catholic faith formation. The goal is to help and support everyone who wishes to become a better disciple by integrating faith, worship, and life in light of the Gospel. Since this is an ongoing, lifelong task, we invite EVERYONE in the parish to participate. All are welcome!

Liturgical

- **September**: Mass for the 24th Sunday in Ordinary Time
- **October**: Mass for the 28th Sunday in Ordinary Time
- **November**: Mass for the 32nd Sunday in Ordinary Time
- **December**: Mass for the 2nd Sunday of Advent
- **January**: Mass for the Baptism of the Lord
- **February**: Mass for the 1st Sunday of Lent
- **March**: Mass for Palm Sunday
- **April**: Mass for the 4th Sunday of Easter
- **May**: Mass for Holy Trinity Sunday

Liturgical
1. Birth / Baptism
   Becoming a Parent/Grandparent
2. Anniversary of Baptism
3. Welcoming Young Children to Worship
4. Entering “Sunday School”
5. Starting School
6. Kids and Money
7. Blessing of the Backpacks
8. First Communion
9. Receiving a first Bible

Milestones

10. Confirmation
11. Graduation (HS, College)
12. A New Home / Apartment
13. Career / First Job
14. Engagement
15. Wedding
16. Retirement or AARP Card
17. Transitions
18. Death / Funeral

Milestones
Christian Practices

- Caring for the Body
- Celebrating Life
- Discernment
- Dying Well
- Eating Well
- Forgiving
- Hospitality
- Keeping Sabbath
- Managing Household Life
- Participating in Community
- Praying
- Reading the Bible
- Transforming the World.

INTERGENERATIONAL FAITH FORMATION: PRACTICE
Meal and Community Building (30 minutes)
Part 2. All Ages Learning Experience (20-30)
Part 3. In-Depth Learning Experience (75-90)
  ➢ Option 1. Whole Group (together)
  ➢ Option 2. Age Group (parallel)
  ➢ Option 3. Activity Center
Part 4. Sharing Learning Experiences and Home Application (15-20)
Part 5. Closing Prayer (5-10)

IG Learning Process
Registration & Hospitality

Registration & Hospitality
Registration & Hospitality

Meal & Community Building
Meal & Community Building

Part 1. Gathering
Part 2. All Ages Learning
The Whole Group Format provides . . .

- Learning activities for everyone using small groups or table groups
- Intergenerational learning activities and age-appropriate learning activities for families with children, teens, young adults, and adults
- Lead facilitator or team guides the entire group through the learning program—giving presentations and leading activities

Part 3. Whole Group Format
Part 3. Age Group Format

The Age Group Format provides parallel, age-appropriate learning activities on the same theme for...

1. young children (4 and 5 year olds)
2. families with children (grades 1-5)
3. adolescents (middle school and high school)
4. young adults
5. adults
The Learning Activity Center Format provides...

- Learning stations or centers with structured learning activities on a common theme
- Age-specific or intergenerational
- Facilitated by leaders

Part 3. Learning Center Format
Part 4. Sharing & Home Application
Closing Prayer

1. Gathering and Opening Prayer
2. All Ages Learning: I’m Ready God, Where Are You? (Drama)
3. In-Depth Learning: Paths of Prayer
   Activity 1: Creating a Space for Prayer
   Activity 2: Praying with Scripture
   Activity 3: Praying with the Psalms
   Activity 4: Intercessory Prayer
   Activity 5: The Jesus Prayer
4. Part 4. Sharing Learning Experiences and Home Application
5. Part 5. Closing Prayer

Example: Called to Pray
1. Gathering and Opening Prayer
2. All Ages Learning: Gospel Portraits of Jesus (multimedia experience)
3. Age-Appropriate Learning: Exploring the Gospel Portraits of Jesus Christ
   • Families with Children Learning Plan
   • Adolescent Learning Plan
   • Adult Learning Plan
4. Part 4. Sharing Learning Experiences and Home Application
5. Part 5. Closing Prayer

**Example: Identity of Christ**

What is Jesus saying/doing?
What is Jesus teaching us about the qualities of God?

**Activity Centers**
1. Jesus is Born (Infancy Narratives)
2. Jesus Is God ’s Beloved Son (Baptism and Transfiguration)
3. Jesus Teaches Parables of the Kingdom of God
4. Jesus Heals People
5. Jesus Forgives Sin
6. Jesus Raises People from the Dead
7. Jesus Feeds People

**Example: Jesus, Son of God**
Methods for Exploring Gospel Stories

- Presenting the Gospel story: proclamation, reading, media
- Dramatic presentations & role plays
- Creative art activities
- Storytelling & Scripture imagination activities
- Music
- Prayer and ritual
- Group discussion & family conversations

Example: Jesus, Son of God

1. Jesus is Born: Creative Activity & Discussion
2. Jesus Is God’s Beloved Son (Baptism and Transfiguration): Ritual/Prayer Activity
3. Jesus Teaches Parables of the Kingdom of God: Rewriting Parables for Today; Creative Art Activity
4. Jesus Heals People: Role Play/Dramatic Reading, Praying for the Sick
5. Jesus Forgives Sin: Drama and Reflection Activity
6. Jesus Raises People from the Dead: Dramatic Re-enactment; Creative Activity
7. Jesus Feeds People: Imagination Activity and Prayer Activity

Example: Jesus, Son of God
Extend an IG Program

Faith Formation Models
Extend Worship

Resource: People of Faith
6 Volumes of IG Programs
Fashioning Faith

FashioningFaith.org is an affordable subscription website that provides adaptable faith formation resources and training for ministry staff and volunteers in Catholic dioceses.

Click here to subscribe to Fashioning Faith

Fashioning Faith FAQ / Tutorial

Join us for our webinars to learn about the best resources available for implementing lifelong faith formation for the whole parish community. Many parishes have already benefited from these sessions. It’s a fun and engaging webinar with an interactive component, which means you can participate along the way. Click here for details on our regular webinars for upcoming topics.

Get Ready for Summer!

New Resources for Summer 2013 are now available: we have donated a video of our Flat to enhance parish lifelong faith formation during the summer months. Find the slide your team will love or Summer 2013 to begin growing what’s available.