



Table Prayer Trinity Sunday Year B

Use this table prayer for mealtime on Trinity Sunday in Lectionary Year B. You will need a Bible to proclaim the reading.

We Gather...

We begin our prayer in the name of the Triune God: the Father, the Son and the Holy Spirit.

We Tell the Story....

Reader One

St. Paul teaches us that because we are led by the Spirit, we are children of God – brothers and sisters of Christ.

Reader Two

Proclaim Romans 8:14-17.

St. Paul uses the image of a family to express our participation in the Trinitarian love of God. The Holy Spirit in our hearts makes us sons and daughters of God, and we are free to call God our Father.

Reader Three

All of creation is an outpouring of God's love and is filled with the Spirit. We are brothers and sisters to all. God calls us to love all the members of our earthly family equally.

We Bless Our Food...

We praise you, Lord, for your generous gifts to us. We pray for the day when all of the members of our earthly family will share equally the gifts of creation. We pray our prayer to the Father, through the Son and in the Holy Spirit. Amen.

We Discuss...

The Father, the Son and the Spirit are a perfect communion of love. They are not like a committee of three individuals with competing ideas and conflicting desires. If we are created in the image of this perfect family of love, how can we act in a way that will make the human family look more like the divine family?

We Go Forth...

We leave the fellowship of this table to go forth in service to the Lord through our words and actions, as we close our prayer in the name of the Father, the Son, and the Holy Spirit, Amen.