



Table Prayer Trinity Sunday Year C

Use this table prayer for mealtime on Trinity Sunday in Lectionary Year C. You will need a Bible to proclaim the reading.

We Gather...

We begin our prayer in the name of the Triune God: the Father, the Son and the Holy Spirit.

We Tell the Story....

Reader One

Our second reading of Trinity Sunday liturgy today is from Romans.

Proclaim Romans 5:1-5.

St. Paul teaches us that we are at peace with God through Jesus Christ and the love of God has been poured into our hearts through the Holy Spirit. Because of our bond with God, no troubles or afflictions can destroy our hope.

Reader Two

Hope is rooted in God who governs the universe and shares the Triune love with us. Our troubles and afflictions are

rooted in evil, which has no power in the presence of God. We overcome evil with steadfast hope in God.

Reader Three

When we suffer from temptations to be greedy and to protect our security with weapons and other forms of violence, we are called to remember that hope in God is the destruction of evil.

We Bless Our Food...

May the gratitude that we have for the gifts at this table inspire us to place our hope in you, O God of love, so that we will live in your world with open hands rather than clenched fists. We pray our prayer to the Father, through the Son and in the Holy Spirit. Amen.

We Discuss...

God's goodness is so great that even our troubles and afflictions can be transformed into opportunities for growth if we place our hope in God. God has outwitted evil by giving us endurance in our quest for good living. Our love for personal relationships, inspired by the personal love of the Trinity, is what motivates us to stay on the path of goodness. How do your hope in God and your desire for loving human relationships inspire you to persevere in goodness when you are faced with troubles and afflictions?

We Go Forth...

We leave the fellowship of this table to go forth in service to the Lord through our words and actions, as we close our prayer in the name of the Father, the Son, and the Holy Spirit, Amen.