

Adult Faith Formation Survey

As an essential element of planning for the future of faith formation at Holy Trinity, we are conducting a survey to identify the interests of adults in a wide variety of topics that Holy Trinity can address through adult faith formation programs. Please check the topics in each category that are greatest interest to you. Check as many items as you want or "not interested." Thank you for taking the time to complete this survey. Your ideas are important to us!

* 1. Please tell us which age group you are in.

20-29 30-39 40-49 50-59 60-69 70-79 80 and over

2. **Just for Parents:** Please indicate the ages of your children (check all items that apply).

Children (0-11 years old) Teenagers (12-19 years old) Single Young Adults (20s-30s)
 Married Young Adults (20s-30s)

3. **Just for Grandparents:** Please indicate the ages of your grandchildren (check all items that apply).

Children (0-11 years old) Teenagers (12-19 years old) Single Young Adults (20s-30s)
 Married Young Adults (20s-30s)

* 4. **Worship:** Please indicate how often you attend Sunday or Wednesday worship at church.

At least 3 times per month At least once per month Several times per year Never

* 5. **Programs:** Please indicate how often you participate in adult education programs at church each year.

6 or more times per year 2-5 times per year At least once per year Never

6. **Parents Only:** Does your child (0-11 years old) participate in children's programs at church?

Yes No No children between 0-11 years old

7. **Parents Only:** Does your teenager participate in youth programs at church?

Yes No No teenagers between 12-19 years old

* **8. Interest in Studying the Bible:** Please check the topics you would be interested in.

- Study and read the Old Testament: The Pentateuch –to discover its message and meaning for life today
- Study and read the Old Testament: The Prophets – to discover the message and meaning of the prophets for our world today
- Study and pray the Psalms as a spiritual practice
- Study and read the four Gospels to discover the life, ministry, and message of Jesus and how it applies to our lives today
- Study and read the Letters of Paul to discover how his message to the first Christians applies to us today
- Not interested in any of these topics

* **9. Interest in Learning about the Christian Faith:** Please check the topics you would be interested in.

- Discover how to begin (or begin again) my faith journey by exploring the heart of Christianity: Jesus, the Gospels, the church, and spiritual life
- Learn how to develop a relationship with Jesus Christ and explore what it means to be a disciple today in daily life – at home, at work, in the world
- Learn more about what we believe as Lutherans today and why
- Explore how contemporary theologians present what it means to be a Christian in today's world, and how that can inform our experience of the God in our daily lives
- Experience the Christian faith through music and singing
- Experience the Christian faith through religious art from the first century to today
- Experience the Christian faith through food by cooking and eating together
- Not interested in any of these topics

* **10. Interest in Spirituality & Worship:** Please check the topics you would be interested in.

- Develop spiritual practices to sustain my life as a Christian
- Learn the stages of spiritual growth and experience spiritual practices to deepen my spiritual life
- Explore a spirituality for the second half of life and how to sustain and deepen the spiritual life after 50
- Learn and practice ways to pray and meditate as part of daily life
- Get away for a retreat experience to reflect and deepen my spiritual life
- Receive spiritual guidance from trained spiritual directors who will help me on my faith journey
- Explore the history and meaning of Christian worship and how to get the most out of Sunday morning worship.
- Not interested in any of these topics

* 11. **Interest in Service & Mission:** Please check the topics you would be interested in.

- Explore major social issues and the responsibility of Christians to transform the world
- Engage in projects and actions of service to those in need in our community and region
- Engage in projects and actions of service to those in need in our world
- Participate in mission trips to serve those in need in our country and around the world
- Not interested in any of these topics

* 12. **Interest in Personal Growth:** Please check the topics you would be interested in.

- Discover my strengths as a person (gifts and talents) and how to utilize them to develop my “calling” in life
- Figure out how to balance the many commitments in my life: relationships, family, work, and more
- Develop life skills such as coping with stress, communicating effectively, managing my time, dealing with anger and sadness, handling conflict, and more
- Develop a financial “plan” by learning the skills and tools for creating savings, develop a personal/family budget, planning for the future (college, retirement), investing wisely, reducing debt, and more
- Discern my purpose in life as an adult: what am I committed to, where I am spending my time, what are my goals for the future, and more.
- Learn how to develop healthy relationships and let go of unhealthy ones
- Learn how to plan for life after retirement—relationships, finances, spiritual life, contributing to the church and the community, and more
- Join with a group of single adults for support, storytelling, and faith sharing
- Participate in a support group with those recovering from an addiction
- Not interested in any of these topics

13. Interest in Family Life: Please check the topics you would be interested in.

- Develop a strong marriage and learn how to grow as a couple
- Gather with other families for family-centered experiences and activities of eating together, praying, sharing stories and faith, and supporting each other
- Develop family faith and spirituality that helps all family members experience God and grow in the Christian faith
- Learn how to be a better parent and develop skills and practices for parenting children today
- Learn how to be a better parent and develop skills and practices for teens today
- Learn how to raise my children as Christians and practice our faith at home
- Learn how to be a grandparent and nurture the faith of my grandchildren
- Learn how to care for aging parents
- Join with a group of married couples for support, storytelling, and faith sharing
- Participate in a support group with those experiencing divorce or separation
- Not interested in any of these topics