## Adult Survey Questions

### Bible

* Study and read the Old Testament: The Pentateuch –to discovers it’s message and meaning for life today
* Study and read the Old Testament: The Prophets – to discover the message and meaning of the prophets for our world today
* Study and pray the Psalms as a spiritual practice
* Study and read the four Gospels to discover the life, ministry, and message of Jesus and how it applies to our lives today
* Study and read the Letters of Paul to discover how his message to the first Christians applies to us today

### Faith

* Discover how to begin (or begin again) my faith journey by exploring the heart of Christianity: Jesus, the Gospels, the church, and
* spiritual life
* Learn how to develop a relationship with Jesus Christ and explore what it means to be a disciple today in daily life – at home, at
* work, in the world
* Learn more about what we believe as Lutherans today and why
* Explore how contemporary theologians present what it means to be a Christian in today’s world, and how that can inform our
* experience of the God in our daily lives
* Experience the Christian faith through music and singing
* Experience the Christian faith through faith through religious art from the first century to today
* Experience the Christian faith through food by cooking and eating together

### Spiritual Life

* Develop spiritual practices to sustain my life as a Christian
* Learn the stages of spiritual growth and experience spiritual practices to deepen my spiritual life
* Explore a spirituality for the second half of life and how to sustain and deepen the spiritual life after 50
* Learn and practice ways to pray and meditate as part of daily life
* Get away for a retreat experience to reflect and deepen my spiritual life
* Receive spiritual guidance from trained spiritual directors who will help me on my faith journey
* Explore the history and meaning of Christian worship and how to get the most out of Sunday morning worship.

### Service/Justice

* Explore major social issues and the responsibility of Christians to transform the world
* Engage in projects and actions of service to those in need in our community and region
* Engage in projects and actions of service to those in need in our world
* Participate in mission trips to serve those in need in our country and around the world

### Life Issues

* Discover my strengths as a person (gifts and talents) and how to utilize them to develop my “calling” in life
* Figure out how to balance the many commitments in my life: relationships, family, work, and more
* Develop life skills such as coping with stress, communicating effectively, managing my time, dealing with anger and sadness,
* handling conflict, and more
* Develop a financial “plan” by learning the skills and tools for creating savings, develop a personal/family budget, planning for the
* future (college, retirement), investing wisely, reducing debt, and more
* Discern my purpose in life as an adult: what am I committed to, where I am spending my time, what are my goals for the future,
* and more.
* Learn how to develop healthy relationships and let go of unhealthy ones
* Learn how to plan for life after retirement—relationships, finances, spiritual life, contributing to the church and the community, and
* more
* Join with a group of single adults for support, storytelling, and faith sharing
* Participate in a support group with those recovering from an addiction