## Four-Level Evaluation

#### Level 1: Reaction

*How do participants react to the program, or better, what is the measure of their satisfaction?*

1. What is your overall feeling after participating in this program? (Circle all that apply.)

Enthused Astounded Satisfied Indifferent Ambivalent Encouraged

Uneasy Threatened Discouraged Affirmed Challenged Enriched

1. I was pleased by/with. . .
2. I was disappointed by/with. . .
3. One thing I found most helpful in this program. . .
4. One of the biggest benefits from participating in this program was. . .
5. Please rate your level of satisfaction with the program:   
   (Develop specific elements of your program for people to evaluate)

1 – Not satisfied

2 – Somewhat satisfied

3 – Satisfied

4 – Very satisfied

5 – Extremely satisfied

#### Level 2: Learning

*To what extent has learning occurred?*

* Understanding the concepts, principles, and techniques being taught.
* Developing and/or improving skills.
* Changing attitudes.

1. One way I can personally use what I learned from my participation is. . .
2. One way this program had an impact on my life. . .
3. What understandings, skills, tools, or ideas do you have now that you did not have at the beginning of the program?
4. What recommendations would you make for improving the program?
5. Identify several ways you can incorporate your learning from the program into your life.
6. List three actions you would like to undertake as a result of your participation.

#### Level 3: Behavior

*The what extent has behavior changed as a result of the program?*

#### Level 4: Results

*To what extent have results occurred because of the program?*

1. Identify several ways you have incorporated your learning in your life.

2. List three actions you have undertaken as a result of your participation.

3. What have you done differently in your life because of your participation?

4. As a result of your participation, what do you want to learn or do next?