

# Holy Infant Faith Development 2011-2012



**WILD GOOSE CHASE**

CATCH THE SPIRIT IN THE SACRAMENTS

SEPTEMBER 18  
EUCHARIST - UNITED IN THE SPIRIT

OCTOBER 26-28  
RECONCILIATION - TRANSFORMED BY THE SPIRIT

NOVEMBER 30, DECEMBER 1-2  
HOLY ORDERS AND MATRIMONY - CALLED BY THE SPIRIT

JANUARY 22  
ANOINTING OF THE SICK - TOUCHED BY THE SPIRIT

MARCH 7-9  
BAPTISM - INVITED BY THE SPIRIT

APRIL 22  
CONFIRMATION - SENT FORTH BY THE SPIRIT





### DID YOU KNOW ...

The wild goose is a Celtic symbol for the Holy Spirit. It embodies the untamable and unpredictable nature of the Spirit and is a reminder that the Spirit is disturber as well as comforter.

#### Prayer to the Holy Spirit

Spirit of wisdom and understanding,  
enlighten our minds to perceive the mysteries  
of the universe in relation to eternity.

Spirit of right judgment and courage,  
guide us and make us firm in our baptismal  
decision to follow Jesus' way of love.

Spirit of knowledge and reverence,  
help us to see the lasting value of justice and mercy  
in our everyday dealings with one another.  
May we respect life as we work to solve problems  
of family and nation, economy and ecology.

Spirit of God,  
spark our faith, hope and love into new action each day.  
Fill our lives with wonder and awe in your presence  
which penetrates all creation. Amen.

Saint Augustine



## 2011-2012 Holy Infant Faith Development Process

Faith Formation Forum	Activity/Session	Dates and Times	Location
HI-life Gatherings for all ages and generations	Intergenerational learning events with breakout sessions (6X year)	Sunday, 1:00-3:30 pm OR Wednesday, Thursday, Friday 5:30-8:00 pm	Church, FH, HR, MRs OR offsite
Roman Missal Workshops	Six week series with presentations / discussions	Mondays, 7:00-8:30 pm (Fall 2011)	FH, HR, CH
"Live Jesus" Retreats	Presentations by parish team / reflection	Select weekends Friday evenings and Saturday	PCLR, HR
Little Rock Scripture Study	Infancy Narratives (Advent) Gospel of John (January - April )	Monday 7:00-8:30 pm Wednesday 9:30-11:00 am	FH, HR, MRs
Men's Spirituality Group	Faith sharing / discussion group	Monthly, Third Thursday 7:00-8:30 pm	JDC Room
Women's Spirituality Groups	Faith sharing / discussion groups	Monthly, Date varies	JDC Room Offsite
JustFaith Course	Two 30-week study groups	Weekly Tuesday evenings OR Weekly Thursday mornings	PCLR JDC Room
Theology Course – topic TBD	Six week series with presentations / discussions	Tuesday, 7:00-9:00 pm (Summer 2012)	HR
Spiritual Book Club	Related books	Monthly, morning or evening	HR offsite
Young Adults	Discussion / faith sharing group	HI-life Gatherings, Monthly Sunday afternoon	offsite
TYM - Total Youth Ministry (grades 9-12)	Catechesis, social & service activities	HI-life Gatherings. weekly on Sunday, 6:30-8:30 pm	FH, HR, MRs
JYM - Junior Youth Ministry (grades 5-8)	Catechesis, social & service activities	HI-life Gatherings, weekly on Sunday, 6:30-8:00 pm	FH, HR, MRs
Children's Faith Development (grades Pre-k-4)	Age appropriate catechesis	HI-life Gatherings, weekly on Sunday, 9:40-10:40 am	MRs
Liturgy of the Word with Children	Lectionary	Weekly Sunday during the Liturgy	MR 2
Baptism Preparation	Workshops for parents (and godparents)	Saturday 9:00-11:30 am Offered every other month	FH, HR, Church
First Reconciliation / First Eucharist Preparation	Workshops for children and parents	Monthly family sessions, home preparation	FH, HR, Church
Confirmation Preparation	Workshops for candidates (and sometimes sponsors)	HI-life Gatherings, TYM, Confirmation II sessions	FH, HR, Church
RCIA	Lectionary & related topics	Inquiry, Catechumenate, P & E, Mystagogy	PCLR
Landings	Selected topics	Modular Weekly sessions Tuesday 7:00-8:30 pm	JDC Room

Holy Infant has embraced a community or “whole church” model of faith formation. Our parish process of whole community catechesis aims to promote lifelong faith formation that is rooted in the life of the Church. A key element of our Faith Development process is our intergenerational HI-life Gatherings.

*Holy Infant aims to help households grow in their Catholic identity and emphasizes*

- ✠ participation at the weekend liturgy and other special feasts
- ✠ ongoing learning about the Christian faith
- ✠ praying and living the faith at home and in the world
- ✠ rediscovering our Catholic traditions
- ✠ making decisions through the lens of our Christian values

*Holy Infant brings generations together.*

At our HI-life Gatherings we are encouraged to practice our faith in our day-to-day lives, as we learn together the *Who? What? When? Where? Why? and Hows?* of our faith.



*Through our Faith Development process we cover the core tenets of our Catholic faith:*

- 2004-2005 Celebrations and Seasons of the Liturgical Year
- 2005-2006 Sacramental Life of the Church
- 2006-2007 Walking in Someone Else's Shoes- Acting with Justice
- 2007-2008 Opening Wide the Doors of Our Faith - the Creed
- 2008-2009 Life is Fragile – Handle with Prayer
- 2009-2010 Navigating Life with GPS – God's Proven System (Morality)
- 2010-2011 Treasure Quest – Unlocking the Riches of the Bible
- 2011-2012 Wild Goose Chase – Catching the Spirit in the Sacraments

This year our focus is on the action of the Spirit and the grace that we experience in the sacraments. The theme is *Wild Goose Chase – Catching the Spirit in the Sacraments.*

*HI-life Gatherings are for everyone!*

The Church has reminded us over and over in recent years that the aim of all catechesis is mature adult discipleship. Catechesis is not just for children! Faith Formation doesn't end with Confirmation or Graduation! At our HI-life Gatherings, parents and children attend together. At their child's Baptism parents promise to keep the flame of faith alive in their child's heart. They are the primary educators of their children and have a responsibility to see that they are educated in the faith with the

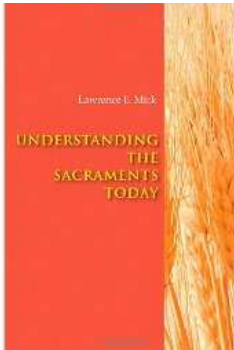
### COMING IN 2011-2012!

- ✠ Get Together for Catholic School Families with a potluck dinner on Sunday, August 28 from 3:00-4:30 pm in the Hospitality Room to provide an opportunity to connect with one another and to talk about the family-school-parish relationship
- ✠ Family Faith Formation Orientation on Catechetical Sunday, Sept. 11 between the Sunday Liturgies
- ✠ *Live Jesus* onsite parish retreats held on a Friday evening and Saturday morning and afternoon
- ✠ JustFaith Course at Holy Infant on Tuesday evenings or Thursday mornings from the end of August to April
- ✠ Men's and Women's Spirituality Groups
- ✠ Increase in number of Sunday faith development sessions for children
- ✠ Little Rock Scripture Study – *Infancy Narratives* (fall). *Gospel of John* (winter-spring)
- ✠ Theology courses for catechists and interested adults, in conjunction with the Diocese of Raleigh Catechetical Institute: Sacraments (summer 2011) and another course TBD (2012)
- ✠ Catechetical Sunday theme - *Do This in Memory of Me*
- ✠ Various formation opportunities focusing on the new Revised Roman Missal



assistance of the parish. Resources and encouragement to live the faith in the home with suggestions for adult formation, parenting, building family traditions, celebrating the ordinary as well as special occasions, and dealing with life issues as Catholic Christians are an integral part of the HI-life process.

*While our intergenerational gatherings form the core of our faith formation process, the parish provides additional opportunities for parishioners of all ages to grow in faith.*



Excerpts from this book were used in sacrament descriptions (pp 8-10).

*For adults* we offer Live Jesus Retreats, Little Rock Scripture Study, JustFaith Course, Men's and Women's Spirituality Groups, Spiritual Book Clubs, Young Adult Discussion Group, *Landings* for returning Catholics and theology courses for catechists and interested adults. This year there will be many formation opportunities to prepare for the implementation of the Revised Roman Missal in Advent 2011.

*Youth in grades 5-12* participate in HI-life Gatherings with their families and in additional Sunday night sessions for their age groups. Service/stewardship opportunities, social activities, and retreats are also offered for TYM (Total Youth Ministry) & JYM (Junior Youth Ministry).

*For children* the parish offers faith formation sessions on Sunday mornings, Liturgy of the Word with Children, and Vacation Bible Camp, in addition to HI-life Gatherings.



The parish also prepares adults and children for the sacraments through *RCIA (Rite of Christian Initiation for Adults)*, family sacrament preparation workshops for Baptism, Eucharist, Confirmation, and Reconciliation, and a Sponsor Couple Program for Marriage Preparation.

For more information about faith development and sacrament preparation at Holy Infant, please see the parish website [www.holyinfantchurch.org](http://www.holyinfantchurch.org) or contact the parish faith development office at (919) 544-7135.



*Peace in Christ,*

*Lynn Y Sale*

*Lynn Y Sale  
Director, Faith Development*



**WHO?**

**Everyone - All Holy Infant Parishioners ...**

- Singles & Couples † Empty Nesters
- Young Adults † Kids & Teenagers
- Mom & Dad † Grandma & Grandpa
- Students † Retirees † Widows & Widowers
- † Divorcees † Family members of different faith traditions † Visitors from out-of town † Friends from other parishes

**... Everyone in the household**

**WHAT?**

**HI-life** is an intergenerational, lifelong model of faith formation that provides an integrated and comprehensive approach that equips the parish to become a community of learning. HI-life promotes lifelong faith formation that is centered in the events of church life, embraces all ages and generations, and promotes faith growth at home through parish preparation programs, and, most importantly, through participation in church life.

**WHEN?**

- † Attend intergenerational HI-life Gatherings offered six months of the year.
- † Use the HI-life home resources to make growing in faith a part of your everyday life.
- † Celebrate the event that has been the focus throughout the month.

**WHERE?**

The parish...  
your home ...  
wherever you go!

**WHY?**

Embracing the vision of faith formation of the parish as a learning community through a community or "whole church" paradigm of faith formation.

- † Transform the focus on children-only by emphasizing lifelong faith formation for all ages and generations, including adults.
- † Transform "start and stop" catechesis by implementing lifelong and continuous faith formation—learning for a lifetime through involvement in the events of church life.
- † Transform age segregation through intergenerational faith formation—making connections among the generations in learning programs and parish involvement.
- † Transform the focus on the "textbook as the curriculum" by utilizing the events of Church life as the curriculum for all ages and generations—tapping into the educative and transformative power of the Church Year, sacramental celebrations, community prayer, and works of justice and service and providing catechesis that prepares everyone to learn by participating in the events of church life.
- † Transform catechesis as a separate "program" by emphasizing a collaborative and integrated process that involves all of the parish's ministries in faith formation. Catechesis is interconnected with liturgy, sacraments, the Church year, justice and service, prayer.

**HOW?**

Households or individuals that are interested in enrolling in our parish faith formation process (which includes HI-life) are asked to check the parish website or contact the parish Faith Development office for more information and for registration materials.

**Holy Infant –**

**Learning together...**  
*We come together for a monthly Gathering at the parish to unite people of all ages and generations.*

**Inspiring one another...**  
*We encourage communication, understanding and cooperation among family members and parishioners.*

**Following Jesus...**  
*We follow the church calendar of events of Christ's life in our formation as disciples of Christ.*

**Embracing the ordinary...**  
*We are guided by the "everyday" holiness of St. Francis de Sales as we try to "Live Jesus" at home and in the world.*

## More about our HI-life Gatherings ...

In our eighth year of whole community catechesis we focus on the action of the Holy Spirit in the sacraments. Our theme is **Wild Goose Chase ... Catching the Spirit in the Sacraments**. The sacraments are at the heart of our life as Catholics, the way we celebrate together our continuing conversion and encounter with God. Baptism, Confirmation, Eucharist, Penance, Anointing, Marriage, and Holy Orders--all are activities that require preparation to bring us to the fullness of our life in community and in Christ.

We encourage parishioners of all ages to participate in our HI-life Gatherings – our intergenerational learning assemblies, which are the foundation of our lifelong faith formation process. Our monthly Gatherings are a time of fellowship, faith formation, and fun.



### *Sharing a Simple Meal Together* *No cooking - just come and enjoy*

At a typical Gathering you are welcomed by greeters and escorted to a table to enjoy a meal with fellow parishioners of all ages. At your table there may be a single adult, a family of four, a retired person, and an empty-nest couple. There will be a couple of questions on the table to focus our table talk.

### *Whole Group Opening Experience* *Introduction of the topic to be experienced by all ages*

After the meal there is an opening prayer and an activity to set the tone for the Gathering, such as a story or video segment.

### *Exploring the Topic through Age Specific Learning Activities*

*Learning about the same topic according to one's age or stages in life*

The group then divides into smaller groups for age-specific learning activities. There are lead catechists for each group to teach and guide the learning activities.

### *Whole Group Sharing Experience* *Closing of the gathering for all ages and distribution of the HI-life @ Home Kits*

To conclude our Gathering everyone reunites in the church to share what has been learned, to pray together, and to be sent forth to continue learning at home and to live out the Word of God that we explored together

*Eucharist ...  
United in the Spirit*

Sunday September 18 1:00-3:30 pm

The Eucharist is the “sign” and “cause” of our communion with God and our unity as the People of God. In the Eucharist, we “unite ourselves with the heavenly liturgy” and with one another. Together transformed, we are then sent forth to fulfill God’s will in our daily lives.” (*Catechism of the Catholic Church* #1325-26, 1332) In this way, the Eucharistic liturgy is social in nature. It is the celebration through which God draws us into communion with Himself and with others, forming and transforming us to live as the Body of Christ in the world.

Pope Benedict XVI reminds us that our “fraternal communion” in the Eucharist, must lead to “a determination to transform unjust structures and to restore respect for the dignity of all men and women, created in God’s image and likeness” (*Sacramentum Caritatis* #89). Transformation by Christ in the Eucharist should compel us to address injustices which degrade the life or dignity of others—the poor, the unborn, immigrants, the elderly—all brothers and sisters in need.



*Reconciliation ...  
Transformed by the Spirit*

Wednesday	October 26	5:30-8:00 pm
Thursday	October 27	5:30-8:00 pm
Friday	October 28	5:30-8:00 pm

Of the seven sacraments, Penance, particularly the reform of the sacrament since the Second Vatican Council, may be the least understood. The practice of the sacrament has ranged from a once-in-a-lifetime chance to turn from sin to a heavily attended weekly ritual. Pences have ranged from harsh tasks that might take a lifetime to accomplish, to a set of simple prayers said hurriedly before leaving the church. The sacrament has been called confession, penance, and most recently, reconciliation, reflecting the shifting emphasis from one element of the sacrament to another. But whatever name is used, the purpose of the sacrament is to foster spiritual growth and ongoing conversion in our life as a community and individuals.



## Holy Orders and Matrimony ... called by the Spirit

Wednesday November 30 5:30-8:00 pm  
 Thursday December 1 5:30-8:00 pm  
 Friday December 2 5:30-8:00 pm

Baptism, Confirmation and Eucharist are sacraments of initiation. Anointing and Reconciliation are sacraments of healing. Holy Orders and Matrimony, however, gather these others and go one step further by consecrating, or making holy those called to them for service.

Holy Orders is a gift of the Spirit to the Church, continuing the mission of Christ in unique and important roles. There are three levels of these roles, each receiving Holy Orders: bishop, priest, deacon.

For us Catholics, the partnership between a man and a woman in a lifelong marriage covenant with each other, where they look after each other's needs and raise children together as they are able, is a sacrament. It is a holy covenant and it reflects Divine Love. The grace of marriage helps couples strengthen their bond, receive children lovingly, and care for one another. Christ is the source of this grace.



## Anointing of the Sick ... Touched by the Spirit

Sunday January 22 1:00-3:30 pm

"Is any among you sick? Let him call for the presbyters of the Church, and let them pray over him, anointing him with oil in the name of the Lord; and the prayer of faith will save the sick man, and the Lord will raise him up; and if he has committed sins, he will be forgiven" (Jas 5:14-15).

The sacrament of anointing of the sick commends those who are ill to Christ. It immerses them in Divine Love – that is, in God – so that the energy of that great love might stir up in them the insight of meaning, allowing them to see their illness and even their impending death as part of the great story of life and journey of faith. Human suffering and death are perhaps among life's greatest mysteries.

The sacrament of Anointing of the Sick has as its purpose the conferral of a special grace on the Christian experiencing the difficulties inherent in the condition of grave illness or old age. (CCC 1527)



*Baptism ...  
United by the Spirit*

Wednesday	March 7	5:30-8:00 pm
Thursday	March 8	5:30-8:00 pm
Friday	March 9	5:30-8:00 pm

Baptism connects us to Christ and seals us with an indelible mark which identifies us as "Christian." It makes us members of the Body of Christ and incorporates us into the church. Baptism gives us a share in the priesthood of all believers.

In Baptism we receive the grace to love deeply, profoundly, and generously and to move away from selfishness.

From the earliest hours and days of the church of Pentecost, Baptism has been part of our practice and has been connected to faith. "If you believe in Jesus," Paul told his jailer in Philippi, "you will be saved." The jailer was baptized at once with his whole family. (Acts 16)

*Confirmation ...  
Sent Forth by the Spirit*

Sunday April 22 1:00-3:30 pm

Like Baptism, Confirmation is received only once because it marks us permanently in faith. God is Divine Love, revealed to us fully in Christ the Son of this Love. The Spirit of Love is poured fully into our hearts, awakening in us the seeds of eternity and continuing the miracle of Pentecost in our own day and age.

Confirmation roots us more deeply in love, unites us more closely to Christ, increases in us the gifts of the Spirit, and binds us more tightly to the Church.

Because of Confirmation we receive a special strength to live our faith more fully, to witness to what we believe, and never to be ashamed of dying and rising in Jesus Christ.



## Faith Development of Adults

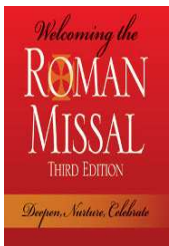
Mature adult discipleship is the aim of all faith formation, and the pursuit of mature discipleship involves lifelong learning. Guided by this goal, faith formation seeks to inform, form, and transform individuals, families, and the entire community. This three-fold aim includes nurturing people's minds and hearts in the wisdom of the Catholic faith, so that who they are and how they live are deeply influenced by what they "know" (inform); nurturing people's identity and lifestyle in Christian discipleship (form); and empowering people to live their faith so that the world is transformed by the Christian vision (transform).

### HI-life Gatherings

Our HI-life process provides a comprehensive approach to discipleship that is rooted in the life of the Church, equips people to participate meaningfully in the life of the Church, and empowers them to live as disciples at home and in the world. HI-life Gatherings bring generations together. Sunday, Wednesday and Friday are for all ages. Thursday Gatherings are for adults. (Teens may opt to attend on Thursdays, but a youth breakout session is not offered on Thursdays.) Adults have two methods for registering for HI-life – a one-time annual registration or separately for a particular Gathering or other faith development event.



### Welcoming the Revised Roman Missal



The Holy See has approved a new English translation of the Roman Missal, the book which contains all the prayers which are used for the celebration of the Mass. This new translation will come into effect on the First Sunday of Advent, November 27, 2011, and will involve changes in the wording of some of the familiar prayers of the Mass. These prayers have now been revised so that they may more closely reflect the meaning and beauty of their sources, some of which have been part of the Catholic liturgical life from the earliest centuries of our Church. In order to provide for a prayerful and smooth

transition, Holy Infant will offer a number of formation opportunities. Rev. Paul H. Colloton, Director of Continuing Education, National Association of Pastoral Musicians (NPM) in Washington, DC will lead two workshops at Holy Infant on September 24 - 25. Fr. Colloton holds a Doctor of Ministry in Practical Theology with a concentration in Word and Worship from Catholic Theological Union, Chicago. A six-part workshop series will be offered on Mondays in October and November.



### Men's and Women's Spirituality Groups

Holy Infant Men's & Women's Spirituality Groups meet regularly to share spiritual experiences and insights and together grow stronger in their faith. These groups invite women and men of all ages and stages in life to come together to pray, exchange information, insights and experiences, and examine and discuss a particular topic that promotes spiritual growth and examine and discuss a topic or concern that poses a challenge to devout living in our chaotic secular society.

## Little Rock Scripture Study



Little Rock Scripture Study involves personal study, small group sharing, video-based presentations and prayer.

The *Infancy Narratives* study focuses on the connection between the Old and New Testaments. Deepen your longing for the Messiah's coming again and ask God to be Emmanuel, "God with us." (4 sessions November-December 2011)

Written in a poetic and symbolic style, the *Gospel of John* prayerfully reflects on Jesus and his eternal relationship to the Creator. This study invites you to meditate on God's overwhelming love. (12 sessions January-April 2012)



## Live Jesus Retreats



We are continuing to offer our onsite parish retreats, which are held on a Friday evening and Saturday morning / afternoon on two weekends during the year. Throughout the Church's long history people have always made retreats. Whatever the format, content or schedule may be, though, the purpose of the retreat is always the same: to come closer to the heart of the Lord, to pause and allow Christ to grow within, to intentionally build an inner life in the Spirit. And the outcome of the retreat is also plain: deeper communion with Christ and an ever deeper turning of one's heart to live with Christ on a daily basis. *Live Jesus* Retreats are scheduled for November 18 -19, 2011 (pre-Advent) and February 17-18, 2012 (pre-Lent).

## JustFaith

is designed to empower and transform participants so that they can become voices for the voiceless and agents of God's good news to the poor. The program includes readings, videos, conversations about the most difficult topics, face-to-face encounters with the poor, and an investigation into the intersection of spirituality and Christian activism. The program runs from late August 2011 to April 2012 at two different times: Tuesday evenings or Thursday mornings.



## Spiritual Book Clubs

Two groups meet on a monthly basis for a discussion of spiritually enriching books—one on a Friday morning and the other on a Tuesday evening. New members are welcome anytime.



## Landings

Perhaps you or someone you know would like to be a part of our faith community, but have some questions or concerns? Landings is an opportunity for Catholics who have been away from the Church for awhile to share joys and concerns about the Church and about being Catholic. A group of six to eight active Catholics join together to welcome two or three returning Catholics and to share and explore faith together. Landings is founded on the belief that we do not have to be trained theologians to share what we believe and to speak honestly about our faith, trusting in the Holy Spirit. The group meets for approximately ten weeks.

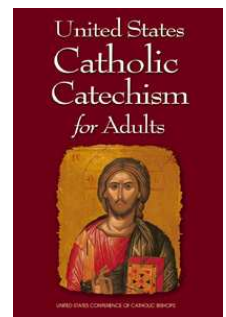


## Marriage Enrichment Events

The Diocese of Raleigh is hosting Catholic Convocation 2011 with the theme of *Love and Life in the Divine Plan on October 15, 2011*. Sessions on marriage will be held as part of this event. Holy Infant plans to sponsor an evening for married couples around Valentine's Day. For information on Worldwide Marriage Encounter in NC go to <http://NCMarriageDiscovery.org>.

## RCIA (Rite of Christian Initiation of Adults)

For information about the process for becoming Catholic, see page 21.



## Theology Courses

*offered through the Catechetical Institute of the Diocese of Raleigh*

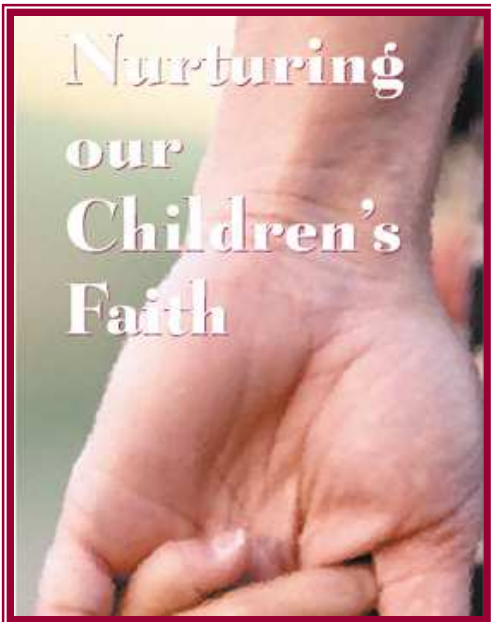
The Diocese expects all catechists to acquire a solid grounding in Catholic doctrine, and is therefore providing the following six courses of 12 hours over a three year cycle: Creed, Scripture, Liturgy, Sacraments, Morality, and Christian Prayer. (Note the similarity of the six themes to our HI-life process.) The courses will be offered at various sites throughout the deanery and the diocese. Holy Infant offered the Sacrament course in the summer 2011 and plans to offer another course in 2012. These courses are open to all adults who wish to further their knowledge of the faith. Catechist certification credit is earned by successful completion of each course.

## Holy Infant Young Adults

Holy Infant Young Adults hold monthly fellowship meetings on Sunday afternoons following the 11am liturgy. At the monthly fellowship meetings young adults focus on bringing a Catholic perspective to discussions about life, faith, and contemporary cultural issues. All young adults of the parish are encouraged to attend. Holy Infant Young Adults also plan social and service activities and are involved in HI-life and other parish ministries and activities.

## Faith Development of Children

### The faith development process for children involves:



- ✦ participation in parish life, particularly weekly attendance at the weekend liturgy
- ✦ participation in six intergenerational HI-LIFE GATHERINGS
- ✦ participation in CHILDREN'S FAITH DEVELOPMENT SESSIONS
- ✦ faith formation at home, aided by resources provided by the parish
- ✦ Sacrament preparation sessions for parents and children, as needed

#### First Semester

September 11, 25  
 October 2, 9, 16, 23  
 November 6, 13, 20  
 December 11, 18

#### SECOND SEMESTER

January 8, 29  
 February 5, 12, 19, 26  
 March 4, 18, 25  
 April 1

#### HI-LIFE GATHERINGS

September 18	January 22
October 26 & 28	March 7 & 9
November 30 & Dec 2	April 22

Faith Development / HI-life for children in pre-school through grade 4 involves attending intergenerational HI-life Gatherings with their families and Sunday morning grade-level sessions. The CHILDREN'S FAITH DEVELOPMENT SESSIONS, which are held between the Sunday Masses, enhance and reinforce the HI-life theme of the year and focus on age-appropriate Catholic doctrine. The Faith Development / HI-life registration process includes both the intergenerational and grade level dimensions of children's faith formation, as well as sacrament preparation.

There is a Family Faith Formation Orientation on Catechetical Sunday, September 11 between the Sunday Masses to kick off the catechetical year. The orientation familiarizes families with the goals and objectives of the various components of our faith development program and of the partnership between home and parish in the pursuit of lifelong faith formation.

## Liturgy of the Word with Children

Holy Infant also offers LITURGY OF THE WORD WITH CHILDREN each week during both of the Sunday Masses to give the children in the parish an opportunity to break open the Word at their own level of understanding. Children are invited to hear the Word of God in a version of the Sunday scripture especially prepared by the U.S.

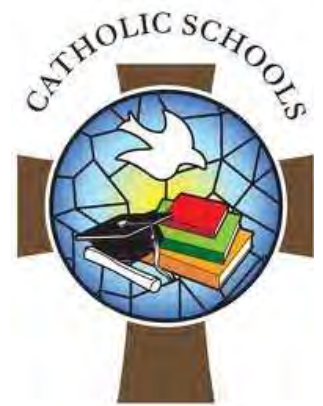
Conference of Catholic Bishops and approved for children. Children sit with their families when they arrive for liturgy. The celebrant invites the children to come forward after the opening rite, blesses them, and then sends them forth to follow the Lectionary and the Children's Minister of the WORD to the meeting room. The Sunday Scripture readings are proclaimed from the Children's Lectionary, followed by a children's homily / reflection, the Profession of Faith, and the Prayer of the Faithful. (No registration is necessary to participate in LWC.)



## Families with Children in Catholic Schools

Catholic School families are strongly encouraged to take part in our six parish HI-life Gatherings, which are a great supplement to classroom religious education, but participation is not required. (Catholic School families may opt to sign up month by month for Gatherings.)

Typically, the celebration of the sacraments takes place in the parish – the primary faith community. Sacrament preparation is a two-year process. Year one of sacrament preparation may take place only in the school, but for the year of immediate preparation for the sacraments, the family is expected to register and participate in our parish sacrament preparation process, which includes parent formation. Diocesan guidelines say that the parish is to provide parent instruction on the history and theology of the sacrament. At Holy Infant we believe that the sacrament preparation year provides a wonderful opportunity for parents and children to have shared learning experiences about their faith, so parents and children attend sacrament preparation sessions together.



- ✚ For First Reconciliation there are three parent and child sacrament preparation sessions and a retreat, and for First Eucharist there are four workshops and a retreat.
- ✚ For Confirmation there are Confirmation Preparation sessions (for teens, and occasionally for parents and sponsors), a Confirmation retreat, and stewardship / service projects.

Participation in HI-life Gatherings is encouraged, especially during the year of immediate preparation for the sacraments, but not required. Catholic school children are not expected to take part in the Sunday morning children's sessions, but they are welcome to do so. Since sacrament preparation incurs more expenses than most parts of our faith development process, the registration fee is the same for all parish families.

There is a Get Together for Catholic School Families with a potluck dinner on Sunday, August 28 from 3:00-4:30 pm in the Hospitality Room to provide an opportunity to connect with one another and to talk about the family-school-parish relationship.

*Father,  
Inexhaustible source of life and author of all good,*

*we bless and we thank you for brightening our communion of love by  
your gift of children.*

*Grant that our children will find in the life of this family such  
inspiration that they will strive always for what is right and good and  
one day by your grace, reach their home in heaven. Amen.*

*(Book of Blessings, no.190)*

## Faith Development of

### TYM (Total Youth Ministry for grades 9-12)

### JYM (Junior Youth Ministry for grades 5-8)

Holy Infant faith development of youth addresses the many components of a comprehensive approach to youth ministry. Catechesis flows from the catechetical themes of the HI-life year and includes such relevant youth topics as relationships, friendships, what different faiths believe, fundamentalism, who is Jesus?, respect, teen depression, and justice issues.

*The faith development process for high school youth involves:*

- ✝ Participation in parish life, particularly weekly attendance at Mass
- ✝ Faith formation at home
- ✝ Participation in monthly HI-life Gatherings
- ✝ Participation in Sunday evening youth sessions
- ✝ Retreat experiences
- ✝ Social activities
- ✝ Stewardship opportunities
- ✝ Diocesan youth events

*Retreats & Lock-ins* . . . are held primarily to build friendships and community, but they also offer in-depth discussion and interactive activities on topics of vital interest to the youth.

*Social Activities* . . . such as whitewater rafting, tubing, or canoeing; an overnight lock-in; Sports Night—an annual sports event with parents and catechists; and Coffee House/Talent Show—an evening of entertainment with acts put on by the youth, youth ministers, or parents.

*Stewardship and Service Opportunities* . . . foster youth stewardship in a variety of service projects in the parish and the greater community. Activities include serving in various liturgical and catechetical ministries, providing an evening of free child care, helping with Habitat for Humanity, serving at the Urban Ministries Community Kitchen, visiting local nursing homes and orphanages, gleaning vegetables, helping at the Food Bank, decorating windows at Duke Hospital, Duke football games, mission trips, etc.

*Diocesan Events for TYM* Youth are encouraged to participate in diocesan events, which include:

#### *Disciples on the Journey (grades 9-12)*

An overnight camping experience for youth in grades 9-12 to gather in an atmosphere of fun, faith and fellowship often with an environmental stewardship theme

#### *Search (grades 11-12)*

An affirming, faith-exploring weekend that touches participants' lives because it encourages them to seek and find Christ in themselves and in one another

#### *Youth Convention (grades 9-12)*

A weekend celebration that offers workshops, prayer, activities, dance, talent show, liturgy with the Bishop, Youth Board elections, awards and more

#### *Faithful Servant Youth Leadership Training (grades 9-12)*

A week-long event sponsored by the dioceses of Charlotte and Raleigh to develop professional and spiritual leadership skills in youth and adults



Sunday TYM Sessions 6:30 – 8:00 pm	Sunday JYM Sessions 6:30 – 8:00 pm	HI-life Gatherings
September 11, 25	September 25	Sunday, Sept. 18 (1:00-3:30 pm)
October 2, 9, 16, 23	October 2, 9, 16, 23	Wed., Oct. 26 – Fri., Oct. 28 (5:30–8:00 pm)
November 6, 13	November 6, 13, 20(TBD)	Wed., Nov. 30 – Fri., Dec. 2 (5:30-8:00 pm)
December 11, 18	December 11, 18	Sunday, Jan. 22 (1:00-3:30 pm)
January 8, 29	January 8, 29	Wed., Mar. 7 – Fri., Mar. 9 (5:30-8:00 pm)
February 12, 19, 26	February 12, 19, 26	Sunday, April 22 (1:00-3:30 pm)
March 4, 18	March 4, 18, 25(TBD)	
April 1, 29	April 1, 29	

*Special TYM Events*

Sunday, August 21	All Day	Tubing Trip
Sunday, August 28	6:00 pm - 8:30 pm	TYM Orientation (parent/youth)
Sat, September 10	6:30 pm – 10:00 pm	Game Night
Fri-Sat, September 23-24	7:00 pm – 9:00 am	TYM Lock In
Fri-Sun, November 18-20	TBA	TYM Fall Retreat (Camp Chestnut Ridge)
Friday, December 16	6:00 pm – 11:00 pm	TYM Child Care & Movie Night
Sunday, January 1	6:30 pm – 9:30 pm	Youth Coffee House
Fri-Sun, March 23-25	TBD	TYM Spring Retreat (Beach)
Fri-Sun, May 18-20	TBD	Youth Convention (Diocese)
Sun-Fri, June 17-22	TBD	Faithful Servant (Short Journey Center)
Summer 2011	TBD	Guatemala Service Trip

Ronald McDonald service nights on the first Thursday of every month.



Join the Holy Infant TYM group on Facebook for the most up-to-date information.

*Special JYM Events*

Sunday, September 11                      6:30 pm - 8:00 pm    JYM Orientation (parent/youth)

*Diocesan Events for TYM*

*Jamboree (grades 6-8)*

A daylong, outdoor event for middle school youth with games, crafts, reflection, an outdoor liturgy and a barbeque lunch.

Activities may be added or edited throughout the year. Please check the parish website ([holyinfantchurch.org](http://holyinfantchurch.org)) and the parish bulletin for an up-to-date calendar of youth events.

For more information contact the Youth Ministry Coordinator, Matt Merry at [mattm@holyinfantchurch.org](mailto:mattm@holyinfantchurch.org) 919-544-7135 ext 19

## CONFIRMATION

Confirmation candidates are to be involved in the parish faith development process for at least one year prior to immediate preparation. Diocesan and Holy Infant requirements are fulfilled in a two-year preparation process which begins in high school. Candidates for Confirmation must be baptized and able to renew their baptismal promises.

At Holy Infant the preparation process involves participation in our parish faith development process – HI-life Gatherings, TYM sessions, and special Confirmation workshops. Our preparation stresses that the individual begins to acknowledge a personal commitment to a spiritual journey that will last a lifetime.

Catechesis for the sacrament involves deepening each individual's understanding of the sacrament through formation sessions, encouraging personal witness through social justice activities, participation in the parish's liturgical life, and enriching each candidate's prayer life through retreats and other prayer experiences. A Confirmation retreat is required in year two. Generally, celebration of the sacrament takes place during the Easter season on a date designated by the bishop.

Dates for Confirmation workshops and the Confirmation retreat will be given to registered Confirmation candidates as soon as available.

*Holy Infant candidates will celebrate the sacrament of Confirmation at a deanery celebration on Thursday, April 26, 2012 at Immaculate Conception Catholic Church in Durham.*



love  
joy!  
Peace  
PATIENCE  
generosity  
Faithfulness  
GENTLENESS  
SELF CONTROL

### Preparation for Confirmation involves:

- ✚ Participation in parish life, particularly weekly attendance at the weekend liturgy
- ✚ Participation in HI-life and TYM
- ✚ Participation in a one-day Confirmation retreat (year 2)
- ✚ Participation in Confirmation workshops (occasionally joined by sponsors and/or parents)
- ✚ Engaging in service and demonstrating good stewardship
- ✚ Providing necessary documentation: baptism certificate, stewardship/service hours, letter of commitment

# First Reconciliation / First Eucharist

Diocesan guidelines state that children who have been baptized in the Catholic Church are to be involved in a catechetical process at least one year prior to formal preparation for these sacraments. Families can enroll their child in the family program for preparing and celebrating the sacraments of Reconciliation and Eucharist (First Communion) as second graders, if they have attended faith development sessions in the first grade or earlier.

Preparation for these sacraments involves:

- ✚ Providing a copy of the child's Baptismal certificate
- ✚ Weekly participation in the weekend liturgy
- ✚ Participation in HI-life Gatherings
- ✚ Participation in parent/child sacrament preparation sessions
- ✚ Home preparation (parish provides materials)
- ✚ Participation in a parent/child retreat and rehearsal

The parish provides materials for home use entitled *On Our Way with Jesus*. Parents are expected to lead their child through the booklets provided for each sacrament and to pray regularly together. Parent and child sacrament preparation sessions are an opportunity for parents to grow in their understanding and appreciation of the sacraments along with their child.

## Reconciliation Preparation 2011

<b>Tuesday, September 13</b>	<b>6:15 pm – 8:00 pm</b>	<b>Workshop 1 (Parents)</b>
<b>Tuesday, September 27</b>	<b>6:15 pm – 8:00 pm</b>	<b>Workshop 2 (Parent/Child)</b>
<b>Tuesday, October 18</b>	<b>6:15 pm – 8:00 pm</b>	<b>Workshop 3 (Parent/Child)</b>
<b>Saturday, November 12</b>	<b>9:00 am – 12:30 pm</b>	<b>1<sup>st</sup> Reconciliation Retreat with Celebration of Sacrament</b>

## Eucharist Preparation 2012

<b>Tuesday, February 7</b>	<b>6:15 pm – 8:00 pm</b>	<b>Workshop 1 (Parent/Child)</b>
<b>Sunday, TBD</b>	<b>11:00 am-12:00 pm</b>	<b>Eucharist Commissioning</b>
<b>Tuesday, February 28</b>	<b>6:15 pm – 8:00 pm</b>	<b>Workshop 2 (Parent/Child)</b>
<b>Tuesday, March 20</b>	<b>6:15 pm – 8:00 pm</b>	<b>Workshop 3 (Parent/Child)</b>
<b>Tuesday, April 17</b>	<b>6:15 pm – 8:10 pm</b>	<b>Workshop 4 (Parent/Child)</b>
<b>Saturday, April 28</b>	<b>8:30 am – 1:00 pm</b>	<b>Retreat (Parent/Child)</b>
<b>Sat / Sun, May 5/6</b>	<b>All Liturgies</b>	<b>First Eucharist Celebration</b>

### Message to Parents -

Parents are the 'first and best teachers in the ways of faith'. Children are most influenced not by words, but by example. Each of us has a responsibility to live in a way that bears witness to the message of Christ. Many people strive to live the gospel, and do so in very practical ways. Still, we feel often that there is so much more that we could do. Yet, when discouraged by our many failures, it is a source of comfort that the grace of God continues to work through the messiness of all our lives.

We urge you to take pride in your Catholic heritage and to do your best to be part of keeping it strong by seeking out and forming bonds with other families and individuals who value their faith. The gift of faith is precious; it is God's gift for us with the Holy Spirit working through us. Let us appreciate and nurture it together.

*(Nurturing Our Children's Faith Pastoral Letter from the Irish Bishops' Conference)*

# Baptism

We welcome and congratulate those families who want to pass on the faith to their children beginning with the sacrament of Baptism. In preparing for the sacrament there are workshops for parents that explore the meaning of the sacrament and familiarize them with how Baptism is celebrated today. Workshops begin at 9:00 am in the Hospitality Room, located in the back of the church, and concludes by 11:30 am.

We encourage both parents to attend the workshop to learn more about the Catholic faith that you will be passing on to your children. Although the Catholic parent is required to attend, we recommend that both parents participate in the preparation process and be present at the Baptism. We understand the necessity of bringing nursing newborns to the workshop; however, we prefer that parents do not bring older children.

If the child's Baptism is to take place at Holy Infant, it may be scheduled after the workshop and after submitting the Baptism Data Sheet and the letters of eligibility from the godparents' parishes.

Baptisms at Holy Infant take place during one of the designated weekend liturgies. New parishioners are to be registered at Holy Infant for at least 3 months prior to the Baptism.

If the child's Baptism is to take place in another parish, the Faith Development office can provide a letter after the Baptism Preparation Workshop. Parents who have attended a Baptism Preparation Workshop at Holy Infant within the past 3 years do not need to repeat the session. However, they will need to contact the Faith Development office for a packet of information and to schedule the Baptism.



Baptism Workshop Registration forms and Pastoral Guidelines for Godparents are located in the atrium of the church, in the Parish Center and on the parish website. Information about serving as a godparent or a sponsor for someone in another parish can be found on the following page.

For more information see the sacrament section of the parish website or contact the Faith Development office.

## Baptism Preparation Workshops

The following Saturdays from 9:00-11:30 am

Saturday July 16, 2011

Saturday September 10, 2011

Saturday November 5, 2011

Saturday January 14, 2012

Saturday March 10, 2012

Saturday May 19, 2012

## Baptism Weekends

Baptisms are scheduled at the liturgies on the following dates:

July 16-17, 2011

January 14-15, 2012

August 20-21, 2011

February 11-12, 2012

September 17-18, 2011

April 14-15, 2012

October 15-16, 2011

May 19-20, 2012

November 12-13, 2011

June 16-17, 2012



## Godparent or Sponsor

Potential godparents or sponsors for Baptism\* or Confirmation are to be fully initiated (Baptism, Confirmation, Eucharist), practicing Catholics in good standing with the Church. Registered Holy Infant parishioners who are asked to be a godparent or sponsor should call the Faith Development office for a letter at least one month before the celebration.

\*One of the sponsors for Baptism may be a Christian witness from another denomination. A letter of good standing from his/her church is required.

## Confirmation of Adults

Baptized Catholic adults who have not celebrated the sacrament of Confirmation are asked to contact the Director of Faith Development for more information about sacrament preparation and full initiation.

(Please note that to be a godparent or sponsor, one must be a fully initiated Catholic in good standing with the Catholic Church.)

## RCIA (Rite of Christian Initiation of Adults)

Adults and children who have reached the age of reason (around age 7), who are unbaptized or baptized in another Christian faith tradition and who seek to embrace the Catholic faith participate in an initiation process called the RCIA (Rite of Christian Initiation of Adults). The RCIA process involves a series of phases, beginning with Inquiry. Inquiry meetings are usually held two Wednesdays of the month. Both adults and children are fully initiated into the Catholic Church at the culmination of this process, celebrating Baptism (if needed), Confirmation, and First Eucharist. For more information about the RCIA, please contact the Faith Development office.



Excerpts from

## The Fountain of Love: How Parents Form Children for Prayerful Participation in the Eucharist

by J. David Franks, PhD, and Angela Franks, PhD

(Complete article can be found at [www.USCCB.org/catecheticalsunday/2011](http://www.USCCB.org/catecheticalsunday/2011) under family resources.)

To be understood and loved. There is no deeper hunger and thirst in us, no deeper desire in children. What a privilege it is for a catechist to have a role in shaping the young for true love! But this depends above all on parents actively orchestrating a home life with a rhythm set by the “source and summit of the Christian life”—the Eucharist.

### The Eucharist Shapes Human Desire Within God’s Desire

Raising children so that they can truly love requires painstaking attention to wean children from an expectation of instant gratification. As parents, we often have to say no, because we are saying yes to their happiness. We want to empower them to rise into the freedom of virtue, which can give itself away without reserve, whether in marriage, priesthood, religious life, or as a celibate gift of self “in the world.” But how can a love capable of sacrifice be cultivated in a culture of consumerist self-gratification? How can love flourish in the digital age, which trades wisdom for diversion? How can love survive in the hook-up culture?

The Eucharist makes it possible. God gives himself to satisfy our hunger and thirst for love. It is *within* the love of God that all human possibility arises.

### That Christ Should Enter Under Our Roof

How do we raise our children so that they are made ready to respond to this eternal, eucharistic love? We so often assume that children cannot understand God’s love, so we feed them paltry crumbs of truth, which cannot meet their hunger for the infinite expanse of God. Instead, we should strive to give them food that is both digestible and nourishing. Children are concrete thinkers. Family life must prepare children for the Eucharist in concrete ways. Christ in the Eucharist loves us by offering himself to the Father. Eucharistic love is sacrificial love. “In this divine sacrifice which is celebrated in the Mass, the same Christ who offered himself once in a bloody manner on the altar of the cross is contained and is offered in an unbloody manner.” We too can offer ourselves in an unbloody way, by lifting up the daily events of our lives as a sacrifice of praise to the Father.

### A Prayer for Family Commitment

Dear God our Father, you have called all Christian families to be a sign of your love to the world.

Help us to be generous with the gifts of life and love that you have showered on our family. May we share them so that our homes become true signs of unitive and fruitful love.

Let us never forget to thank you each day for all that sustains us and to look to Christ, who comes to us in the events of family life, in the sacraments of the Church, and in service to the poor.

In all of this, our family becomes a living expression of your Church, a hallowed home of life and love. By the power of the Holy Spirit, may all of us—spouses, parents, and children—share, as members of his Body, in Jesus’ mission to build a civilization of love. Father, we ask this in Jesus’ name in union with the Holy Spirit.  
Amen.



# HI-life Gatherings 2011-2012

*Wild Goose Chase ... Catch the Spirit in the Sacraments*

*Eucharist ... United in the Spirit*

Sunday September 18 1:00-3:30 pm

*Reconciliation ... Transformed by the Spirit*

Wednesday October 26 5:30-8:00 pm

Thursday October 27 5:30-8:00 pm

Friday October 28 5:30-8:00 pm

*Holy Orders and Matrimony ... Called by the Spirit*

Wednesday November 30 5:30-8:00 pm

Thursday December 1 5:30-8:00 pm

Friday December 2 5:30-8:00 pm

*Anointing of the Sick ... Touched by the Spirit*

Sunday January 22 1:00-3:30 pm

*Baptism ... United by the Spirit*

Wednesday March 7 5:30-8:00 pm

Thursday March 8 5:30-8:00 pm

Friday March 9 5:30-8:00 pm

*Confirmation ... Sent Forth by the Spirit*

Sunday April 22 1:00-3:30 pm

**For registration forms and/or to register online go to**

**[www.holyinfantchurch.org](http://www.holyinfantchurch.org).**

**For more information contact the Faith Development office.**

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