

Trends Affecting Faith Formation Older Adulthood

“Each stage and phase of life is ordained by God and therefore has a purpose. . . We grow in never-ending spirals of change, as the progression of our lives ebbs and flows, with the Spirit nudging and guiding us always. There is no one phase of life that is more important than another: each has its place; each is equally essential...ongoing faith formation throughout life supports a spirituality that is constantly growing, ever changing.”¹

Developmental Perspectives

- Physiological and cognitive changes
- Psycho-social development
- Family life cycle
- Life issues and transitions

Generational Perspectives

- Relationship to institutions and authority
- Family relationships
- Work-life balance
- Communication style
- Learning styles
- Technology usage
- Religious expression and worship style

Religious and Spiritual Perspectives

- Faith development
- Religiosity and faith practices

¹ “Shaping a New Vision of Faith Formation for Maturing Adults: Sixteen Fundamental Tasks,” in *Lifelong Faith*, Spring 2007.
http://www.faithformationlearningexchange.net/uploads/5/2/4/6/5246709/faith_formation_for_maturing_adults_-_johnson.pdf