

Youth and Young Adult Ministries – Resources

Compiled by Sarah Jarzembowski, consultant for ministries with young adults.

USCCB Documents on Young People

- Website for Youth and Young Adult Ministries
 - <https://www.usccb.org/topics/youth-and-young-adult-ministries>
- Sons and Daughters of the Light
- Empowered by the Spirit
- Renewing the Vision of Youth Ministry
- Directory for Catechesis
- Christ the King, a Global Celebration of Young People (coming soon)

Papal Document on Young People

- Christus Vivit
 - https://www.vatican.va/content/francesco/en/apost_exhortations/documents/papa-francesco_esortazione-ap_20190325_christus-vivit.html

Research Information

- Springtide Research Institute
 - *The New Normal, 8 Ways to Care for Gen Z in a Post-Pandemic World:*
<https://www.springtideresearch.org/wp-content/uploads/2021/05/springtide-the-new-normal.pdf>
 - Important to note:
 - Going “back to normal” negates their experience and is a failure of learning from the impact. Do not go “back to normal.”
 - Exercise empathy.
 - *Combat Loneliness. Cultivate Belonging:*
https://www.springtideresearch.org/wp-content/uploads/2020/11/belonging-guide-for-serving-young-people.pdf?utm_source=SM&utm_medium=email&utm_campaign=SRI_BELONGINGNESS_0721_E1
 - Important to note:
 - Young people NEED trusted adults in their lives.
 - Reach into their cloud of loneliness and talk to them individually.
- Barna Group:
 - *When Millennials go to Work:* <https://www.barna.com/research/when-millennials-go-to-work/>
 - Important to note:
 - Young people have a desire to make an impact on the world.

- Having options for personal life, income, and learning are important.
- The Case Foundation:
 - *Key Takeaway's from a Decade of Millennial Research:*
https://casefoundation.org/blog/key-takeaways-from-a-decade-of-millennial-research/?gclid=CjwKCAjwo4mIBhBsEiwAKgzXOOHQE3oiGTS1iwt8YSJ7SfEPmDRWjLvhu0EyiKJGlqtrQlv5pnuxRhoCQmQQAvD_BwE
 - Important to note:
 - A holistic approach to use of time and resources to make effect change in the world.
 - They are in the “business of doing good.”
- Pricewaterhouse Coopers:
 - *Millennials at Work, Reshaping the Workplace:* <https://www.shrm.org/hr-today/news/hr-magazine/documents/millennials-at-work.pdf>
 - Important to note:
 - “Development and work/life balance are more important than financial reward.”
 - Young adults want to feel valued, accompanied, and stretched.

News Articles

- Society for Human Resource Management (SHRM):
 - *Generation Z Seeks Guidance in the Workplace:*
https://www.shrm.org/resourcesandtools/hr-topics/organizational-and-employee-development/pages/generation-z-seeks-guidance-in-the-workplace.aspx?utm_source=SM&utm_medium=email&utm_campaign=SRI-Tide_0721_e1
 - Important note:
 - Young adults are looking for mentors. Be their mentor at work and help them connect faith and justice to their work.
 - Having a trusted coworker to talk to helps alleviate workplace stress.
- Barna Group:
 - *Millennials bring Ambition and Optimism to their work:*
<https://www.barna.com/research/millennials-ambition-optimism-work/>
 - Important to note:
 - Connecting faith, justice, and values to workplace activities are important to millennials.